

MK Deal Priority 3 – Children and Young People Mental Health

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Date: 20 September 2023

Purpose of Report:

To provide a progress update since the last reported period (June 2023) for the Partnership

1. Recommendations

- 1.1 That the update on achievements to date is noted.
- 1.2 That planned activities to further progress the above priority is noted.

2. Overall Objective

- 2.1 Lead Health & Care Partnership-based work plans to improve outcomes for children and young people’s mental health.
- 2.2 Interface with the ICB Mental Health Transformation Programme to ensure join up for key deliverables and recovery plans.
- 2.3 Ensure that plans will address inequalities across MK.
- 2.4 Provide assurance as required to NHSE.
- 2.5 Provide information and training across system partners.
- 2.6 Identify and deciding the services necessary to meet the needs of the population including design of new pathways, services, working with finance, contracting, primary care and quality colleagues to ensure this is done to provide high quality care at best value.

The Children and Young People’s (CYP) mental health has four key themes as outlined below:

3. Theme 1: Closer working together between system partners

This workstream focuses on:

- Closer working between system partners including sharing data

- Prioritisation and exploring co-location of teams

3.1 Key Activities Achieved

3.1.1 Improved **sharing of information**.

3.1.2 An additional **Clinical Psychologist post** been approved and funded.

3.1.3 **Agreed Joint Children & Adolescent Mental Health Service (CAMHS)/MKC actions** with an option for CAMHS to move to the MKC Building.

3.1.4 **Existing arrangements** and the links between CAMHS, Designated Safeguarding Leads, Special Education Needs Coordinators (SEN-Co's) and the ICB **reviewed**.

3.1.5 Potential **co-location option identified**, and access feasibility study initiated.

3.2 Key Activities Planned: Sept 2023-March 2024

3.2.1 Looked After Children (LAC) Clinical Psychologist in post and achieving agreed outcomes.

3.2.2. CYP are able to achieve their goals and an improvement in Scoring Strengths and Difficulties Questionnaire (SDQ) scores.

3.2.3 Increased confidence in foster carers and placement in supporting CYP with complex needs.

3.2.4 Increased confidence in social workers in supporting trauma and attachment informed support.

3.2.5 Reduction in the number of placement moves.

3.2.6 To reduce the declined referrals into CAMHS.

3.2.7 Review the impact of the agreed joint CAMHS/MKC Actions

3.2.8 Agree steps to address gaps/opportunities for improvements identified in the review of existing arrangements.

4. Theme 2: Getting Help and Advice

This workstream focuses on:

- Getting a greater understanding of existing provision.
- Building a more consistent, clear, and understandable MK-Wide offer with appropriate interventions for advice and early help that are accessible for groups at higher risk of poor mental health.
- Developing the mental health and wellbeing offer for 0-5s and their families, with a focus on prevention and early intervention.
- Expanding the indirect reach of the mental health support teams and improve system awareness of the offer.
- Increasing capacity in the voluntary sector to offer advice and help, including face-to face offers.
- Reframing the referral process away from 'referral to CAMHS' to 'referral for mental health support'

4.1 Key Activities Achieved

4.1.1 **Triangulation of mapping** template completed with results of Jane Held's Independent scrutiny review.

4.1.2 **Business case** (£35kpa over 3 years) finalised.

4.1.3 ICB and MKCC funding identified. Agreement in principle with MKYIS for support hubs. Wisdom Principle faith-based **community engagement sessions funded and scheduled**

4.1.3 **BeWell survey results** and feedback from CYP

4.2 Key Activities Planned: Sept 2023 – April 2024

4.2.1 Agree business case to be implemented with MKCC Children and Family Centres and voluntary sector partners (Knowledge Change Action).

4.2.2 Implement additional support for the agreed schools.

4.2.3 Roll out of Q Alliance support to schools to support the mental health and wellbeing of LGBTQ+ young people (*to be linked into the MKYIS support hubs*).

4.2.4 Bids from voluntary sector organisations assessments for short term commissioned services/grants up to 2 years.

4.2.5 Implementation of agreed expansion in voluntary section; monitoring of outcomes; review of CAMHS waiting times.

4.2.6 Establish foundations for continued work in FY24/25.

5. Theme 3: Joining Up training on neuro developmental pathways

This workstream is focused on:

- Joining up multi-professional training for Autism Spectrum Conditions (ASC)
- Evaluating the impact of the training to identify what further actions can be implemented and the proportion of referrals that are not appropriate.

5.2 Key Activities Achieved

5.2.1 **Questionnaire** sent to MK schools **completed** (*to identify current levels of training and future needs*).

5.3 Key Activities Planned: Sept 2023 – April 2024

5.3.1 Working group to draft a training plan.

5.3.2 Training plan to be communicated to SEN-CO's and trainers to be identified.

5.3.3 Delivery of training modules.

5.3.4 Evaluate impact of training to identify further actions requiring implementation and the proportion of inappropriate referrals.

6. Theme 4: A smoother crisis offer

This workstream is focused on:

- Improving our joint crisis response to C&YP.
- Implementing reporting to system partners on the use of Tier 4 (T4) CAMHS inpatient beds.

6.1 Key Activities Achieved

6.1.1 **Metrics identified** by task and finish (TAF) group and key data to be collected to support a revision of pathways.

6.2 Key Activities Planned: Sept 2023 – April 2024

6.2.1. Revise the pathways as defined by the TAF group.

6.2.2 Commence reporting to system partners on the use of T4 CAMHS inpatient beds.

